

Welcome everyone. We do hope that you enjoy your time with us again and please do take a few moments to absorb the important 'new' ways!

The team are here to help, and keep you as safe as possible whilst visiting us.

All our dishes are freshly prepared to order, so please do allow us the time to create food that you will take time to enjoy.

And do chat to any member of the team with specific dietary requests or questions about the menu or wine list.

Here's to happy appetites...



## CRABSHELL FAVES

Most of our Crabshell favourites are available for you to enjoy in 2 sizes so that you can choose to dine in the way you like most.

**CRABSHELL BOUILLABAISSE** £11.95/19.95

Our Devon version of Marseille's classic fish stew with scallops, mussels, prawns, cod & salmon served with yummy homemade focaccia.

**KING SCALLOP GRATIN** £10.95/19.95

With chorizo, peas & samphire in a lemon, caper & parsley butter sauce served with homemade bread. (GFA)

**MOULES À LA CRÈME** £9.95/17.95

Locally rope grown mussels steamed in wine, a hint of garlic, splash of cream and parsley. (GFA)

**SEAFOOD CHOWDER** £10.95/18.95

Mussels, crevette, crab, smoked haddock, potato, chargrilled sweetcorn, crispy pancetta served with homemade bread. (GFA)

**SCAMPI XL** £9.85/15.95

Served with French fries & homemade tartar sauce & pea shoots.

**SALT & PEPPER SQUID** £9.85/15.95

Served with homemade chili dipping sauce.

**CRAB SANDWICH** £13.95

Beautifully hand-picked local crab on brioche with lemon aioli & mixed leaf salad.

**PRIME DEEP FRIED COD FILLET & CHIPS** £15.95

Battered, gluten free, with crushed peas, fries & homemade tartar sauce & pea shoots. (Or curry sauce if you prefer). (GFA)

**ATLANTIC KING PRAWNS** £11.45/19.25

(Whole king prawns) in garlic, lemon, chilli, 5 spice & parsley, served with focaccia. (GFA)

**BEEF BURGER BLISS** £15.95

2 hand pressed beef burgers topped with crisp pancetta, Monterrey jack cheese and black garlic mayo.

Served in a charcoal bun with crisp lettuce and dill pickles, crispy onion rings and fries of your choice.

**BUTTERFLY TENDER CORN-FED**

**CHICKEN BREAST** £19.95

Served with wild garlic & herb butter and two sides of your choosing.

## TO SHARE

**CRABSHELL VIP** (Seafood sharing) £50 - 60  
Perfect as a starter for four or main for two...

Moules farcies, large crevette, king scallops, moules à la crème, hand-picked local white crab meat, catch of the day, aioli, samphire & ample fries.

**Please Note: Price and choices subject to change and availability).**

## FROM THE JOSPER

**DAILY CHANGING MEAT AND SEAFOOD SPECIALS** POA

Cooked to perfection in our charcoal Josper oven.

**Just ask any of the team for what's cooking!**

## SIDES & SKINNY DIPPING

French fries. £3.75

Cheesy fries. £4.25

Sriracha, chipotle fries. £3.95

Furikake fries. £4.25

French fries & lobster butter. £4.25

Sweet potato fries with Chablis, cream cheese & truffle dip. £3.95

Filthy Gorgeous fries BBQ pulled pork, mozzarella & jalapeños. £4.95

Hasselback potatoes £4.25

Garlic pizzetta. £6.45

Garlic pizzetta with cheese. £6.95

Garlic cheese & mushroom pizzetta. £6.95

Samphire with melted butter. £3.95

Crushed peas. £1.95

Mixed leaf salad £4.25

## THE BIG 'V' FOR VEGGIE

**ARANCINI** £7.95/14.95

Garlic & sundried tomato arancini served with a tomato & red pepper sauce & pea-shoots. (GFA)

## PUDS

**CHURROS TO SHARE** £8.95  
With ample hot chocolate sauce & cinnamon dusting.

**HARROW MESS** £7.45

Strawberries, meringue, forest fruits and Gothard's vanilla ice cream.

**STICKY TOFFEE PUDDING** £7.95

Toffee sauce & Granny Gothard's vanilla ice cream.

**GRANNY GOTHARD'S ICE CREAM SELECTION** £6.95

## KIDS

**PRIME DEEP FRIED COD FILLET** £7.45

Battered gluten free, served with french fries & crushed peas

**MARGHERITA PIZZA** £7.45

The classic with tomato, mozzarella & Basil. Add black olives if you wish.

**OAHU PIZZA** £7.45

Tomato base, mozzarella, ham & pineapple.

**PEPPERONI PIZZA** £7.45

Tomato base, mozzarella & pepperoni.

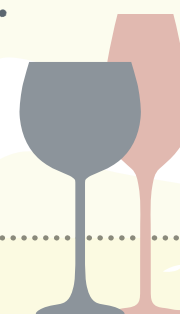
**Homemade cheeseburger** £7.95

Served with fries.

The Crabshell Wine list

has been personally selected by Simon, and features some gems that you just won't find anywhere else.

Ask any of the crew to talk you through the perfect matches for your foodie choices.



# pizza

PIZZA, PIZZA, PIZZA...

Delicious delights from Zest Plenty of choices to bring some yum into your day! Make your selection and speak to any of the team and we will get the kitchen crew on the case...

**ALL OUR PIZZAS COME WITH GRATED MOZZARELLA AND A TOMATO BASE UNLESS OTHERWISE SPECIFIED.**

**PLEASE NOTE THAT WHILST EVERY EFFORT WILL BE MADE TO CO-ORDINATE THE DELIVERY OF YOUR PIZZA AT THE SAME TIME AS YOUR OTHER MENU CHOICES THIS IS NOT ALWAYS POSSIBLE.**

**MARGHERITA CLASSICO** £13.25

Tomato base, grated cheese, fior di latte, sun dried tomatoes, basil & oregano.

**PEPPERONI** £13.95

Tomato base, grated cheese, sliced pepperoni & oregano. (Add beef mince £2.00).

**POPEYE** £15.25

Tomato base, spinach, spiced pancetta, chicken, honey & oregano.

**PROPER-JOB** £15.25

Tomato base, grated mozzarella, beef mince, sliced sausages, sliced pepperoni, chicken, pancetta & oregano.

**HELL'S MOUTH** £15.75

Tomato & Harrisia base, grated cheese, sun dried tomato, pizza sausage, spiced pancetta, onion, pepper, red chilli, jalapeños, sobrasadas, chilli flakes, & oregano. (Vegan option available).\*

**MAHÓN** £14.95

Tomato base, grated cheese, smoked cheese, chorizo nistras, sobrasadas, red chilli, cavolo nero, oregano, honey & rocket.

**ALLA NAPOLI** £13.95

Tomato base, grated cheese, fior di latte, anchovy, black olives, capers, parmesan, rocket & oregano.

**FIOR DI LATTE** £13.95

Tomato base, fior di Latte, chorizo, spiced pancetta & fresh basil.

**WHAT THE DUCK!** £14.95

Hoisin base, grated cheese, shredded duck, spring onion, cucumber & oregano.

**THE CRUSTY CRAB** £15.95

Tomato and lobster glaze base, grated cheese, chives, white crab, ricotta, caramelised lemon, pea shoots & oregano.

**EL HARROW** £14.45

Tomato base, grated cheese, Cajun chicken, green pepper, white onion, peppadew & crushed avocado.

**HOMEGROWN** £14.45

Tomato base, smoked cheese, beetroot, broccoli, aubergine, sun dried tomatoes, rosemary & oregano.

**BERLUSCONI 2.0** £14.45

Tomato base, grated cheese, courgette, pepper, onion, peas, sun dried tomatoes, beetroot glaze & oregano.

ZEST is our very own delicious uber healthy and fantastically flavoured selection of the tastiest choices around.

So, if you are looking for a salad, a bowl of something that will put a bit of extra pep in your day, or scrumptious pastries and cakes then be sure to take a look at what's on offer.

You won't find a more delightful deli in town!



**PLEASE NOTE: ALL PIZZAS CAN BE MADE AS GLUTEN FREE OPTION. \*CONTAINS NUTS.**

### FOOD ALLERGENS & DIETARY REQUIREMENTS:

Food safety is of paramount importance to us. Please note that many of our menu items will contain nuts, or may be prepared using nut oil in an environment where nuts may have been used in preparation. For a full and detailed ingredients list with allergens information simply ask any member of the team and they will happily provide. Please note (GFA) denotes Gluten Free Option Available.

PLEASE NOTE: Due to the open nature of our kitchen, we cannot guarantee that any cross-contamination will not have occurred, and dishes may contain traces of allergens. If you would like a detailed ingredients list of any of our menu items please ask a member of staff who will be happy to help. Please note, however, that many of our menu items will contain nuts, or may be prepared using nut oil in an environment where nuts may have been used in preparation.

### COMPLAINTS POLICY:

We are confident that you will be pleased with your food and service. However, if for any reason you are unhappy with your meal when it arrives, please bring this to the attention of your waiting staff who can arrange for a replacement or refund. We cannot offer any refund or replacement once your meal has been finished or more than a reasonable amount has been consumed to establish satisfaction of quality. Thank you.